

MARCH 2023 ELEMENTARY LUNCH MENU



Breakfast and Lunch is Free for all Students!

Our menu consists of Whole Grains, Fresh Fruits and Vegetables.

Students must take a fruit and/or vegetable with each lunch.

All Meals served with milk.

Sunbutter and Jelly and Vegetarian Meals served daily.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NATIONAL SCHOOL BREAKFAST WEEK MARCH 6TH – 10TH</p>	<ul style="list-style-type: none"> -Beef Taco with 6" Tortilla Wrap 28 -Kickin Bean Taco with 6" Tortilla Wrap V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Kickin Beans & Broccoli -Oranges & Apples 	<ul style="list-style-type: none"> -HOTM: Butternut Squash Mac and Cheese LG -Cheese Quesadilla V -Greek Salad with Flatbread LG -Chicken Salad Sandwich on a Bulkie Roll -Cucumber & Carrots LG -Bananas & Apples 	<ul style="list-style-type: none"> -Szechuan Chicken with Rice 2 -Szechuan Tofu with Rice V -Hamburger & Cheeseburger -Yogurt & Fruit Power Pack V -Greek Chicken Wrap -Green Beans & Carrots LG -Pears & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Cheese Pizza V 3 -Pepperoni Pizza -Greek Salad with Flatbread LG -Chicken Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad LG -Apples & Bananas
<ul style="list-style-type: none"> -Chicken Tikka Masala or Chana Masala V with Tzatziki Sauce and Tomato Cucumber Salad V -Hamburger & Cheeseburger -Chicken Ranch Salad with Flatbread LG -Ham and Cheese Sandwich -Broccoli & Carrots LG -Apples & Peaches 	<ul style="list-style-type: none"> -Tater Tot Beef Nacho (Totchos) 7 -Tater Tot Black Bean Nacho V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pizza Platter -Chicken Caesar Wrap -Kickin Beans & Broccoli -Clementines & Apples 	<ul style="list-style-type: none"> -Shepherds Pie with a Dinner Roll 8 -Fish and "Chips" with a Dinner Roll -Vegetarian Nuggets with a Dinner Roll V -Chef Salad with Flatbread LG -Ham and Cheese Sandwich -Cucumber & Carrots LG -Bananas & Apples 	<ul style="list-style-type: none"> -Chicken and Vegetable Dumplings with Vegetables 9 -General Tso Tofu Steak with Rice V -Chicken Parm Sub -Pizza Platter -Chicken Caesar Wrap -Green Beans & Tater Tots -Pears & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Cheese Pizza V 10 -BBQ Chicken Pizza -Chicken Ranch Salad with Flatbread LG -Ham and Cheese Sandwich -Cucumber & Carrots LG -Bananas & Apples
<ul style="list-style-type: none"> -Breakfast for Lunch! Waffles and Sausage 13 -Pizza Crunchers V -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Maple Carrots & Green Beans -Apples & Pears 	<ul style="list-style-type: none"> -Chicken Taco with 6" Tortilla Wrap 14 -Hamburger & Cheeseburger -Black Bean Burger V -HOTM: Charcuterie Platter LG -Turkey and Cheese Sandwich -Kickin Beans & Broccoli -Oranges & Apples 	<ul style="list-style-type: none"> -Lok Lak with Rice 15 -Chicken Tenders with a Dinner Roll -Mediterranean Hummus Salad with Flatbread LG V -Tuna Salad Sandwich on a Bulkie Roll -Cucumber & Carrots LG -Bananas & Apples 	<ul style="list-style-type: none"> -Loaded Baked Potato with Corn Muffin 16 -Broccoli and Cheddar Loaded Baked Potato with Dinner Roll -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -HOTM: Charcuterie Platter LG -Turkey and Cheese Sandwich -Corn & Carrots LG -Pears & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Cheese Pizza V 17 -Buffalo Chicken Pizza -Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -Red Pepper Strips & Side Salad LG -Apples & Bananas
<ul style="list-style-type: none"> -Country Chicken Bowl with Corn Muffin 20 -Country Vegetarian Nugget Bowl with Flatbread V -Chicken Parm Sub -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Carrots LG & Corn -Apples & Peaches 	<ul style="list-style-type: none"> -Beef Nachos with Tortilla Chips 21 -Kickin' Bean Nachos with Tortilla Chips V -Cheese Quesadilla V -Bagel Power Pack V -Moroccan Harissa Wrap -Kickin' Beans & Broccoli -Oranges & Apples 	<ul style="list-style-type: none"> -Spaghetti Bolognese with Parmesan 22 -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Italian Sub -Cucumber & Carrots LG -Bananas & Apples 	<ul style="list-style-type: none"> -Chili Garlic Popcorn Chicken Lo Mein 23 -Cheeseburger and Hamburger -Bagel Power Pack V -Moroccan Harissa Wrap -Green Beans & Carrots LG -Pears & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Cheese Pizza V 24 -Loaded Baked Potato Pizza LG -Mediterranean Hummus Salad with Flatbread LG V -Italian Sub -Red Pepper Strips & Side Salad LG -Apples & Bananas
<ul style="list-style-type: none"> -Pasta Primavera V 27 -Cheeseburger and Hamburger -Black Bean Burger V -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots LG -Apples & Pears 	<ul style="list-style-type: none"> -Arroz con Pollo 28 -Fish Po' Boy Sandwich with Coleslaw -Hummus Platter V -Honey Mustard Chicken Wrap -Kickin Beans & Broccoli -Clementines & Apples 	<ul style="list-style-type: none"> -Buffalo Chicken Mac and Cheese 29 -Mac and Cheese V -Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich -Chef Salad with Flatbread LG -Turkey & Cheese Sandwich -Cucumber & Carrots LG -Bananas & Apples 	<ul style="list-style-type: none"> -General Tso's Popcorn Chicken with Fried Rice 30 -Pizza Crunchers V -Hummus Platter V -Honey Mustard Chicken Wrap -Green Beans & Corn -Pears & Fresh Fruit Cup 	<ul style="list-style-type: none"> -Cheese Pizza V 31 -Hawaiian Pizza -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Red Pepper Strips & Side Salad -Apples & Bananas