

## MARCH 2023 ELEMENTARY LUNCH MENU

Breakfast and Lunch is Free for all Students! Our menu consists of Whole Grains, Fresh Fruits and Vegetables. Students must take a fruit and/or vegetable with each lunch. All Meals served with milk.

Sunbutter and Jelly and Vegetarian Meals served daily.

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NATIONAL SCHOOL BREAKFAST WEEK MARCH 6 <sup>1//</sup> - 10 <sup>11</sup> Common Status Win Planna Status Min Tabulan Status Childen Tabus Min Childen Wap Childen Status Min Tabus Min Common Status Min Tabus Min Common Status Min Tabus Min Common Status Min Tabus Min Common Status Min Common Status Min Common Status Min Common Status Min Common Status Min Common Status Min Common Statu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BRCARCH AS I WIERK   Chipsy Chickes Sandwich Yogut A Fruit Power Pack V   - Greek Saids with Flattread LG   - Orgent & Fruit Power Pack V   - Greek Chicken Wrap   - Chicken Saids Sandwich on a Bulke Roll        Work Saids with Flattread LG   - Orgent & Fruit Power Pack V   - Greek Chicken Wrap   - Greek Saids with Flattread LG   - Greek Flattread Saids with Flattread LG   - Greek Fl		-Kickin Bean Taco with 6" Tortilla Wrap V	Mac and Cheese LG	-Szechuan Tofu with Rice V	-Pepperoni Pizza
Control State Chicken Wrap Control State State Control Contro Contro Control Contro		Crispy Chicken Sandwich -Yogurt & Fruit Power Pack V	-Greek Salad with Flatbread LG	-Yogurt & Fruit Power Pack V	
Oranges & Apples     Jamma & Apples     Page & Fresh Fruit Co.     Page & Fresh Fruit Co.     Page & Fresh Fruit Co.       Chean Massa V um Traited Samo 40 Trater TG Berk Nehol (Tothos) 7 T-teer TG Berk Nehol (Samo 40 T-teer TG Samo 40 T-teer	and the first		-Chicken Salad Sandwich on a Bulkie Roll	-Greek Chicken Wrap	
			-Bananas & Apples	-Pears & Fresh Fruit Cup	-Apples & Bananas
-Chicken Ranch Sald with Flatbread LG -Ham and Cheese Sandwich -Chicken Ranch Sald with Flatbread LG -Ham and Cheese Sandwich -Chicken Ranch Sald with Flatbread LG -Ham and Cheese Sandwich -Chicken Caesar Wrap -Ch	Chana Masala V with Tzatziki Sauce ar		8		-Cheese Pizza V 10
-Chicken Ranch Salad with Flatbread LG -Ham and Cheese Sandwich -Brocoli & Carrots LG -Apples & Peaches -Brocoli & Carrots LG -Apples & Peaches -Brocoli & Carrots LG -Apples & Peaches -Brocoli & Carrots LG -Apples & Peaches -Chicken Caesar Wrap -Chicken Caesar Statistic C -Ture Salad Sandwich on a Bulke Roll -Turkey and Cheese Sandwich -Chicken Caesar Statistic C -Pears & Frein Fuil Cup -Cheese Pizar V -Chicken Caesar Statistic C -Cheese Pizar V -Chicken Caesar Salad with Flathread LG -Chicken Cae		-Crispy Chicken Sandwich & Spicy Crispy			-BBQ Chicken Pizza
-Ham and Cheese Sandwich   -Chicken Caesar Wrap   -Ham and Cheese Sandwich   -Chicken Caesar Wrap  Ham and Cheese Sandwich     -Brocoli & Carnots LG   -Apples & Peaches   -Chicken Caesar Wrap  Clicken Caesar Wrap	-Chicken Ranch Salad with Flatbread LG		-Chef Salad with Flatbread LG		
-Brocoil & Carrots LG -Apples & Peaches -Country Enges & Peaches -Counter & Carrots LG -Counter & Car	-Ham and Cheese Sandwich		-Ham and Cheese Sandwich		
Wattles and Sausage   13   -Chicken Taco with 14   -Loc Lak Win Rice 15   -Com Muffin 16   -June Selad Sandwich ne Bulke Roll   -Chicken Taco with 14   -Chicken Taco with 14   -Chicken Taco with 14   -Chicken Taco with 14   -Chicken Taco with 24   -Chicken 24   -Chicken Taco with 24   -Chicken 24   -Chicken Taco with 24   -Chicken 24   -Chic					
Pizza Crunchers V -Pizza Crunchers V -Pizza Crunchers V -Cobb Salad with Flatbread LG -Tune Salad Sandwich on a Bulkie Roll -Hamburger A CheeseBurger -Black Bean Burger V -HoTM: Characterie Platter LG -Tunks y and Cheese Sandwich -Kickin Beans & Brocooli -County Chicken Som with Pathread LG -Turkey and Cheese Sandwich -Kickin Beans & Brocooli -County Chicken Bow with -County Chicken Bow with -County Chicken Bow with -County Conduction With Totalia Chips V -County Vegatrian Nugget Bow with Flatbread LG -County Vegatrian Nugget Bow with -Eathread LG -County Chicken Parm Sub -Colicken Parm Sub -Cheese Quesadilla V -Cheese Quesa	17			Corn Muffin 16	-Cheese Pizza V 17 -Buffalo Chicken Pizza
-Cobb Salad with Flatbread LG -Tuna Salad Sandwich on a Bulkie Roll -HOTM: Charcuterie Platter LG -Tunes and Cheese Sandwich -Country Chicken Bow with -Red Pepper Strips & Side Salad LG -Cheese Plate I LG -Cheese Plate -Cheese Plate I LG -Che	-Pizza Crunchers V	-Hamburger & Cheeseburger	-Mediterranean Hummus Salad with	Potato with Dinner Roll	-Cobb Salad with Flatbread LG
Maple Carrots & Green Beans -Apples & Pears  Turkey and Cheese Sandwich -Granges & Apples  Turkey and Cheese Sandwich -Counter Chicken Beans -Apples & Pears		-HOTM: Charcuterie Platter LG			-Tuna Salad Sandwich on a Bulkie Roll
Apples & Pears   -Kockin Beans & Broccoli -Oranges & Apples   -Kockin Beans & Broccoli -Oranges & Apples   -Pears & Fresh Fruit Cup   -Apples & Bahanas     -Country Chicken Bowl with Corn Muffin   -Beef Nachos with Tortilla Chips V -Kickin' Bean Nachos with Tortilla Chips V   -Spaghetti Bolognese with Parmesan   22   -Chili Garlic Popcorn Chicken 23 Lo Mein   -Cheese Pizza V   24     -Country Vegetarian Nugget Bowl with Platbread UG   -Beef Nachos with Tortilla Chips V   -Crispy Chicken Sandwich -Cheese Quesadilla V   -Cheese Austa V   -Cheese Pizza V   24     -Country Vegetarian Nugget Bowl with Platbread UG V   -Beef Nachos with Tortilla Chips V   -Crispy Chicken Sandwich -Cheese Quesadilla V   -Cheese Pizza V   24     -Mediterranean Hummus Salad with Flatbread LG V   -Bagel Power Pack V   -Cheese Pizza V   24     -Mediterranean Hummus Salad with Flatbread LG V   -Bagel Power Pack V   -Mediterranean Hummus Salad with Flatbread LG V   -Mediterranean Hummus Salad with Flatbread LG V   -Mediterranean Hummus Salad with Flatbread LG V   -Mediterranean Hummus Salad LG   -Mediterranean Hummus Salad LG   -Mediterranean Hummus Salad with Flatbread LG V   -Red Pepper Strips & Side Salad LG   -Apples & Bananas     -Pasta Primavera V   27   -Arroz con Pollo   28   -Fish Po' Boy Sandwich with Coleslaw   -Buffalo Chicken Mac and Cheese Pizza V <t< td=""><td></td><td>-Turkey and Cheese Sandwich</td><td>-Cucumber &amp; Carrots LG</td><td>-Turkey and Cheese Sandwich</td><td></td></t<>		-Turkey and Cheese Sandwich	-Cucumber & Carrots LG	-Turkey and Cheese Sandwich	
-Country Vegetarian Nugget Bowl with Flatbread V   -Beef Nachos with Tortilla Chips Z I -Kickin' Bean Nachos with Tortilla Chips Z I -Chicken Parmesan   -Chili Garlic Popcorn Chicken Z S Lo Mein   -Cheese Pizza V   24 -Loaded Baked Potato Pizza L G     -Country Vegetarian Nugget Bowl with Flatbread LG V   -Cheese Quesadilla V   -Mediterranean Hummus Salad with Flatbread LG   -Mediterranean Hummus Salad with Flatbread LG V   -Italian Sub   -Italian Sub <t< td=""><td></td><td></td><td></td><td></td><td>-Apples &amp; Bananas</td></t<>					-Apples & Bananas
-Chicken Parm Sub  Chicken Parm Sub  Mediterranean Hummus Salad with Flatbread LG V    Mediterranean Hummus Salad with Flatbread LG V  Mediterranean Hummus Salad with Flatbread LG V  Mediterranean Hummus Salad with Flatbread LG V    Mediterranean Hummus Salad with Flatbread LG V  Mediterranean Hummus Salad with Flatbread LG V  Mediterranean Hummus Salad with Flatbread LG V    Italian Sub  Kickin' Beans & Broccoli Carrots LG & Corn -Apples & Peaches  Kickin' Beans & Broccoli Oranges & Apples  Cucumber & Carrots LG Bananas & Apples  Green Beans & Carrots LG Pears & Fresh Fruit Cup  Red Pepper Strips & Side Salad LG Apples & Bananas    Pasta Primavera V Cheeseburger and Hamburger Black Bean Burger V  Arroz con Pollo Fish Po' Boy Sandwich with Coleslaw Fish Po' Boy Sandwich with Coleslaw Fish Po' Boy Sandwich with Coleslaw Hummus Platter V  Bears Salad with Flatbread LG Turkey and Cheese Sandwich  Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich  Mediterranean Hummus Salad with Flatbread LG Red Pepper Strips & Side Salad LG Red Pepper Strips & Side Salad  Mediterranean Hummus Salad with Flatbread LG V    Cheese Direct V  Cheese Direct V  Mediterranean Hummus Salad with Flatbread LG V  Red Pepper Strips & Side Salad LG  Medeiterranean Hummus Salad with Flatbread LG V					
-Mediterranean Hummus Salad with Flatbread LG V   -Bagel Power Pack V   -Italian Sub   -Italian Sub<		-Cheese Quesadilla V	Chicken Sandwich	-Cheeseburger and Hamburger	
Italian Sub   -Kickin' Beans & Broccoli   -Cucumber & Carrots LG   -Green Beans & Carrots LG   -Red Pepper Strips & Side Salad LG     -Carrots LG & Corn   -Oranges & Apples   -Arroz con Pollo   28   -Bananas & Apples   -Buffalo Chicken Mac and Cheese 29   -General Tso's Popcorn   30   -Cheese Pizza V   31     -Cheeseburger and Hamburger   -Fish Po' Boy Sandwich with Coleslaw   -Hummus Platter V   -Chicken Ceasar Salad with Flatbread LG   -Chicken Sandwich   -Pizza Crunchers V   -Chicken Caesar Salad with Flatbread LG   -Turkey and Cheese Sandwich   -Turkey and Cheese Sandwich   -Turkey & Cheese Sandwich   -Turkey & Cheese Sandwich   -Turkey & Cheese Sandwich   -Red Pepper Strips & Side Salad LG   -Red Pepper Strips & Side Salad LG   -Apples & Bananas   -Apples & Bananas   -Apples & Bananas   -Cheese Pizza V   31     -Cheese Diaze V   -Fish Po' Boy Sandwich with Coleslaw   -Fish Po' Boy Sandwich with Coleslaw   -Chef Salad with Flatbread LG   -Pizza Crunchers V   -Chicken Caesar Salad with Flatbread LG   -Chicken Caesar Salad with Flatbread LG   -Turkey and Cheese Sandwich   -Turkey and Cheese Sandwich   -Turkey and Cheese Sandwich   -Turkey and Cheese Sandwich   -Red Pepper Strips & Side Salad   -Red Peppe	-Mediterranean Hummus Salad with Flatbread LG V				
Carrols LG & Corn -Apples & Peaches  Oranges & Apples  Bananas & Apples  Peals & Fresh Fruit Cup   -Apples & Bananas    Apples & Peaches  Pasta Primavera V   27  Arroz con Pollo   28  Buffalo Chicken Mac and Cheese29  General Tso's Popcorn Chicken with Fried Rice   30  Cheese Pizza V   31    Cheeseburger and Hamburger Black Bean Burger V  Fish Po' Boy Sandwich with Coleslaw  Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich  Pizza Crunchers V  Chicken Caesar Salad with Flatbread LG  Chicken Caesar Salad with Flatbread LG  Chicken Caesar Salad with Flatbread LG  Chicken Wrap  Cheese Sandwich  Chicken Wrap  Cheese Sandwich  Turkey and Chees					
-Cheeseburger and Hamburger -Black Bean Burger V -Chicken Ceasar Salad with Flatbread LG -Turkey and Cheese Sandwich -Fish Po' Boy Sandwich with Coleslaw -Fish Po' Boy Sandwich with Coleslaw -Chicken Sandwich & Spicy Crispy Chicken Sandwich -Pizza Crunchers V -Pizza Crunchers V -Chicken Caesar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots LG -Broccoli & Carrots LG	Deste Driver V				-Apples & Bananas
-Black Bean Burger V -Chicken Ceasar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots LG -Broccoli & Carrots LG	21	20	-Mac and CheeseV		-Cheese Pizza V <b>31</b> -Hawaiian Pizza
-Chicken Ceasar Salad with Flatbread LG -Turkey and Cheese Sandwich -Broccoli & Carrots LG				-Pizza Crunchers V	-Chicken Caesar Salad with Flatbread LG
					-Turkey and Cheese Sandwich
-Apples & Pears -Ciementines & Apples -Ciementines & Apples -Bananas -Pears & Fresh Fruit Cup		-Kickin Beans & Broccoli -Clementines & Apples		-Green Beans & Corn -Pears & Fresh Fruit Cup	